

# 5<sup>th</sup> International Public Health Conference, Albania

## 9 May, 2017

### “Behavioral determinants of health and disease in countries of the European Region”

#### Conference venue:

Tirana International Hotel & Conference Centre  
Skanderbeg Square 8, Tirana, Albania

7.30 -09.00	Registration of Participants and Virtual Poster Presentation	
Opening session of the 5 <sup>th</sup> International Public Health Conference		
09.00-09.45	Welcome address by the Director of the Institute of Public Health	Dr. Arjan Bregu
	Welcome address by the Minister of Health	Ms. Ogerta Manastirliu
	Welcome address by Swiss Embassy	Mr. Christoph Graf
	Welcome address by WHO Representative in Albania	Dr. Nazira Artykova
	Welcome address by UNICEF Representative in Albania	Ms. Antonella Scolamiero
	Welcome address by UNFPA Country Director for Albania	Dr. Rita Columbia
PLENARY SESSION: Behavioral determinants of health Chairpersons: Prof. GencBurazeri Prof. Kaspar Wyss		
09.45-10.10	Behavioral determinants of health in Albania	Dr. GentianaQirjako Institute of Public Health, Albania
10.00-10.15	Investing in children: the European child and adolescent health strategy 2015–2020 and identifying and addressing health related behaviours of adolescents in countries	Dr. Martin Weber Programme Manager, Child and Adolescent Health, WHO Regional Office for Europe, Copenhagen

10.15-10.30	A life course approach to behavioral determinants for Sexual and Reproductive Health	<b>Dr. Tamar Khomasuridze</b> Sexual and Reproductive Health Advisor, UNFPA Eastern Europe Central Asia – Regional Office
10.30-10.45	Innovative ways to tackle behavioral determinants: The role of gender -specific approaches	<b>Prof. Elisabeth Zemp</b> Swiss Tropical and Public Health Institute
10.45-11.00	The right of child to health- effective interventions during early years to improve child health and wellbeing outcomes	<b>Dr. Mariana Bukli</b> UNICEF Office in Albania
11.00-11.15	Global Mental Health: Delivering Mental Health Services in low resourced countries.	<b>Prof. Ricardo Araya</b> King's College London
11.15- 11.45	<i>Coffee break and virtual poster presentation</i>	
11.45-13.30	<b>PARALLEL SESSION 1</b> <b>Topic:</b> <i>Weight perception and management and physical activity as major behavioral determinants of health</i>	<i>Moderators:</i> <b>Dr. Martin Weber</b> <b>Prof. GencBurazeri</b>
11.45-12.00	Using standard techniques for measuring the obesity and body mass composition	<b>Enkeleda Kadiu</b> , Institute of Public Health, Albania
12.00-12.15	Exercise as therapy for behavioural and psychological symptoms of dementia: A randomized controlled trial of clinical effectiveness	<b>Arlinda Cerga-Pashoja</b> , London School of Hygiene & Tropical Medicine, London, UK
12.15-12.30	Primary dysmenorrhea and physical activity	<b>Alma Imami</b> , University of Medicine, Tirana, Albania
12.30-12.45	Chronic health conditions knowledge, attitude and practices in transitional countries: The case of Albania	<b>Ehadu Mersini</b> , HAP, Albania
12.45-13.00	Knowledge, attitudes, practices and behaviour about non-communicable diseases in Kosovo in 2016	<b>Qamile Ramadani</b> , AQH, Kosovo
13.00-13.15	Two-year follow-up of chronic health conditions in three health centers of Roskovec Municipality, Albania	<b>Majlinda Tafa</b> , Health Insurance Fund, Roskovec, Albania
13.15-13.30	Promising results of the training on participatory health promotion in Albania	<b>Ilir Topi</b> , HAP, Albania
11.45-13.30	<b>PARALLEL SESSION 2</b> <b>Topic:</b> <i>Smoking, alcohol consumption, drug use and other addictive practices and behaviors</i>	<i>Moderators:</i> <b>Prof. Ricardo Araya</b> <b>Dr. Ervin Toçi</b>

11.45-12.00	Current cigarette smoking prevalence in 2016 compared to 2004 among Kosovar youth	<b>Merita Berisha</b> , IPH Kosovo
12.00-12.15	Evidence of high-risky behaviors among injecting drug users in Albania	<b>Arian Boci</b> , STOP AIDS
12.15-12.30	Prevalence and types of violence among families with alcohol dependence members in Albania	<b>Shpëtim Doksani</b> , University Hospital Centre “Mother Teresa”
12.30-12.45	Smoking among teachers in elementary schools in Macedonia	<b>Teuta Agai-Demjaha</b> , IPH Macedonia
12.45-13.00	European Facility Survey Questionnaire in Albania	<b>Ervin Toçi</b> , IPH Albania
13.00-13.15	“Drug treatment and care interventions in primary health care settings” – Increasing the knowledge and skills of Albanian health professionals through continuing education	<b>Andia Meksi</b> , IPH Albania
13.15-13.30	Discussion	
11.45-13.30	<b>PARALLEL SESSION 3</b> <b>Topic:</b> <i>Sexuality, health, wellbeing and human rights</i>	<i>Moderators:</i> <b>Dr. Tamar Khomasuridze</b> <b>Dr. Silvia Bino</b>
11.45-12.00	Profile of HIV testing in Albania	<b>Shpëtim Qyra</b> , IPH Albania
12.00-12.15	Stigma and discrimination towards people living with HIV in health settings	<b>Marjeta Dervishi</b> , IPH Albania
12.15-12.30	Voluntary counseling testing services in prison settings – A comprehensive response to reduce HIV prevalence in low resource settings	<b>Drita Jaka</b> , General Prison Administration, Tirana, Albania
12.30-12.45	Increase access to youth friendly sexual and reproductive health services and comprehensive sexuality education among young people	<b>Brunilda Hylviu</b> (ACPD)
12.45-13.00	Partnerships for healthier communities: “Youth Voice” Network	<b>Andi Rabija</b> , Y-Peer Network, Tirana, Albania
13.00-13.15	Malignant diseases of breast and female genital tract reported at the National Institute of Public Health of Kosovo during 2012-2014	<b>Florie Miftari</b> , IPH Kosovo
13.15-13.30	Discussion	
11.45-13.30	<b>PARALLEL SESSION 4</b> <b>Topic:</b> <i>Infant and young child feeding practices, adult nutrition and dietary patterns</i>	<i>Moderators:</i> <b>Dr. Alban Ylli</b> <b>Dr. Gentiana Qirjako</b>

11.45-12.00	Assessment of home visits’ services to improve mother and child wellbeing in six municipalities in Kosova during 2015-2016	<b>Albana Morina</b> , Ministry of Health Kosovo
12.00-12.15	Improving infant and young child feeding practices in Durrës region	<b>Kristo Huta</b> , Regional Directory of Health, Durres, Albania
12.15-12.30	Using the universal progressive approach in home visiting to reach Roma children under three years in selected areas of Fier and Vlora	<b>Alketa Qosja</b> , University of Medicine, Albania.
12.30-12.45	Nationwide scale-up of implementation of child nutrition and growth indicators	<b>Rudina Çumashi</b> , IPH Albania
12.45-13.00	Empowerment of women, families, and the communities of the Cakran Commune to improve their control over maternal and newborn health, as well as to increase access and utilization of health services	<b>Adriatik Hasantari</b> , Roma Active Albania Association
13.00-13.15	Enhancing adherence to pediatric formulations	<b>Eriona Petro</b> , Regional Directory of Health, Durres, Albania
13.15-14.30	<i>Lunch and Virtual Poster Presentation</i>	
PLENARY SESSION		
14.30-15.30	Feedback from parallel sessions	
15.30-16.15	Evidence-based policy making	Panel composed of representatives from <b>IPH, MoH, UN, TPH</b> , and other international experts
16.15-17.00	General discussion and conclusions	Panel composed of representatives from <b>IPH, MoH, UN, TPH</b> , and other international experts