

Report for training on Basic Environmental Health Indicators

ELIDA MATAJ

Report for training on Basic Environmental Health Indicators

Background

In recent years, Albania has been a change of staff in regional public health institutions, causing instability in the performance of work, mainly in the field of environmental health. Many specialists employed in these institutions do not have prior information becoming an obstacle to achieving the objectives of these institutions (public health), also looking to increase the demand for training in the field of environmental health.

Many specialists with long experience in this field are transferred to the new institution of Sanitary Inspectorate.

Regarding reporting work based on the indicators of environmental health for Albania is still something new and unrealized still being encountered more problems as:

- lack of knowledge about indicators but the lack of physical and technical capacity to get them

Although the central institutions of public health often speak for the realization of indicators, regional institutions which are key points in their realization in the national level does not have the required knowledge of how to act.

Implementation of the basic indicators of environmental health is a necessity for public health as the reports of environmental health indicators are very scarce and with many gaps in the records of the WHO. Need to compare our data with ones of other countries obliges us to operate according to these indicators.

Scope

Training the specialist of the Regional Health Directorates, environmental agency and agricultural agency in Albania in basic environmental health indicators recommended by WHO .

Objectives

1. Training of specialists of public health specialist, environmental specialist and agricultural specialist in Albanian districts to environment / health indicators and their implementation in the actual practice.

2. Presentation of the results of the pilot project for air quality indicators in 2014
3. Production of guidance materials for generating basic environmental health indicators in Albanian language,

Methodology

PHI specialists will train staff on what are the indicators and the importance of their implementation. This will be accomplished at the Regional Health Directorate of the 12 regions.

Topics will include the presentation of the basic indicators such as:

1. Air quality
2. Noises
3. Water and Sanitation
4. Occupational Health
5. Food safety
6. Waste and Contaminated Land
7. Chemical pollution
8. Traffic accident
9. Housing area and urbanization

The major focus of the training topics will be on those indicators which are directly related to their job responsibilities and performance of their institution.

For participants was prepared specific guidance material in Albanian on a CD.

Results

Training in Dibra Region.

On 15 December 2016 started the cycle of training for environmental health indicators.

The first training was in Dibra District, one of the furthest to Tirana.

The list of participants in the training

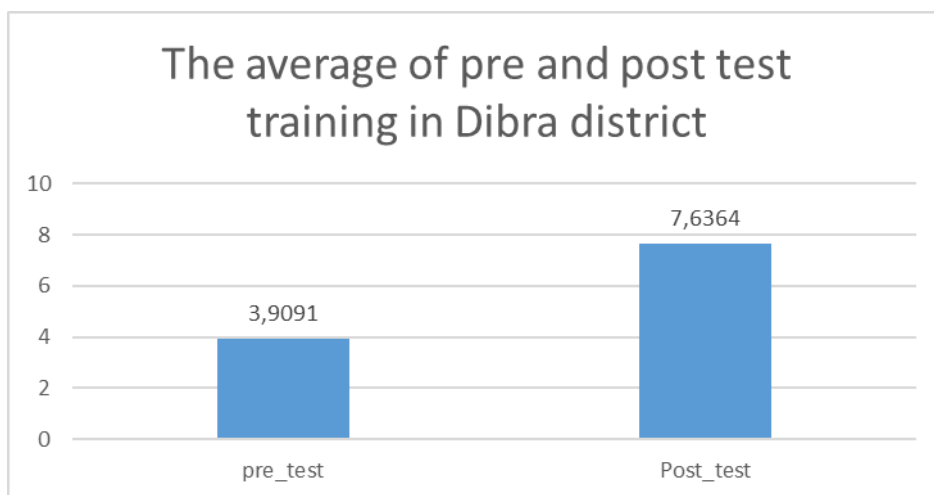
Lista of Participants					
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1	Gani	Korsita	P.H.D Mat	0682400913	ganikorsita@gmail.com
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11	Nertila	Cipuri	P.H.D Diber	0684798007	nertilacipuri@gmail.com
12	Agron	Cara	Regional Food Control agency Diber	0682470778	Agron.cara@aku.gov.al
13	Admir	Kasa	Regional Food Control agency Diber	0686965676	Admir.kasa@aku.gov.al
14					
15					

The training was attended by specialists of the public health Directories of all the cities of this region and from representatives of regional environmental directories and regional food control agency.

In the table below we glance averages of points pre and post test in the district of Dibra training. Test consisted of 10 multiple-choice questions where the correct answer was 1 point.

Diber Descriptive Statistics				
	Minimum	Maximum	Mean	Std. Deviation
pre_test	2	7	3,9091	1,57826
Post_test	5	10	7,6364	1,74773

In this training we glance boosting the average post test points in comparison with pre test, and the benefits gained from this activity.



Photos from the activity in Dibra Region



Training in Kukes Region.

The training on basic environmental health indicators in Kukes Region was on 19.12.2016.

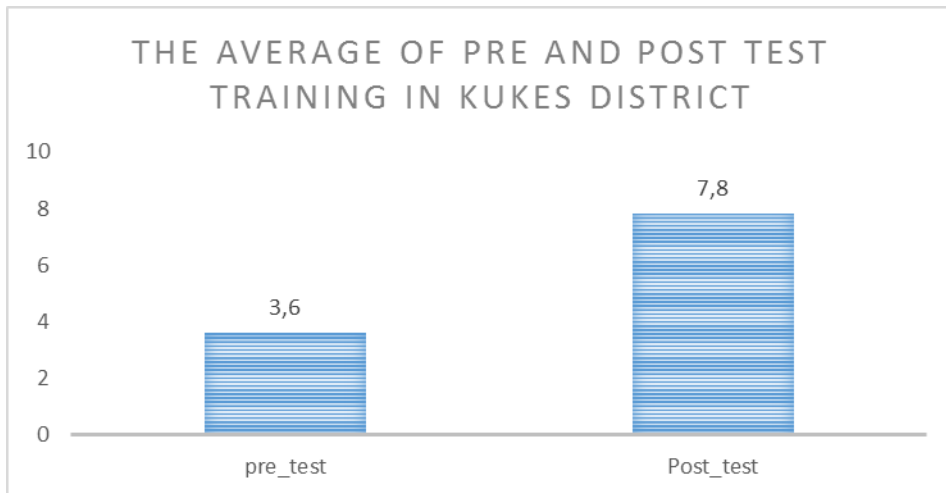
List of participant in Kukes.

List of participant					
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1	Nevjon	Halili	P. H.D Kukes	0693255062	nevjonhalili@hotmail.com
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3	Rodolf	Hallaci	P. H.D Kukes	0672411991	rhallaci@gmail.com
4	Uke	Today	Regional Environmental Directory	0682351187	uketoday@gmail.com
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7	Manjola	Shehu	P. H.D Kukes	0692860955	
8	Vjollca	Elezaj	P. H.D Kukes	0693559532	
9	Jorida	Cengu	P. H.D Kukes	0696625759	
10	Ermira	Kastrati	P. H.D Kukes	0675457226	
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12	Zenel	Cengu	P. H.D Kukes	0666666711	Nel_cengu@hotmail.com
13					

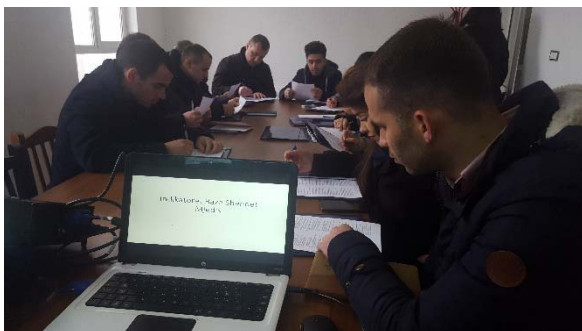
In Kukes district had no participants in the training of specialists from cities like Hasi and Bajram Curri because of commitment to work, but specialists were contacted and equipped with guidance material for indicators presented.

Kukes Descriptive Statistics				
	Minimum	Maximum	Mean	Std. Deviation
pre_test	1	7	3,6	1,64655
Post_test	4	10	7,8	1,8738

From the test results before and after training we noticed an increase in the average points for the participants in the training, which shows an increase in knowledge about environmental health Indicators



Photos from the activity in Kukës Region



Training in Lezha Region

The training in Lezha region was on 22 December 2016

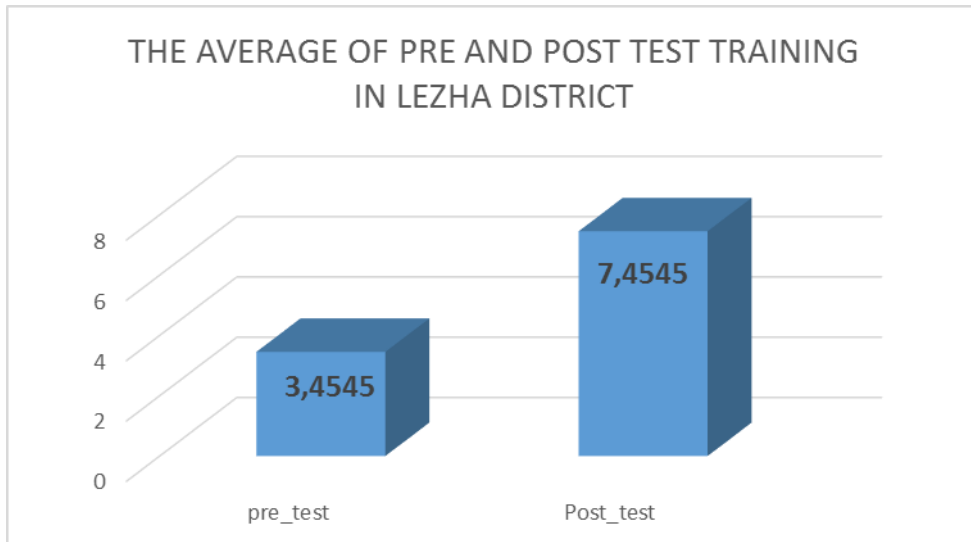
The list of participants

List of Participants					
Nr	Emri	Mbiemri	Institucioni	Nr telefoni	e- mail
1	Aleksander	Dodaj	P. H.D Mirdite	0693500788	dshtmirdite@shendetesia.gov.al
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15					
16					

The training was attended from specialist of Public Health Directories from all cities of the region and from the regional directory of agriculture specialist.

	Lezhe Descriptive Statistics			
	Minimum	Maximum	Mean	Std. Deviation
pre_test	1	6	3,4545	1,50756
Post_test	5	10	7,4545	1,80907

The difference of averages in pre and post test for the participants shows an increase of knowledge from training.



Photos from the activity in Lezha Region



Training in Fieri Region

The training in region of Fieri was on 27 December 2016

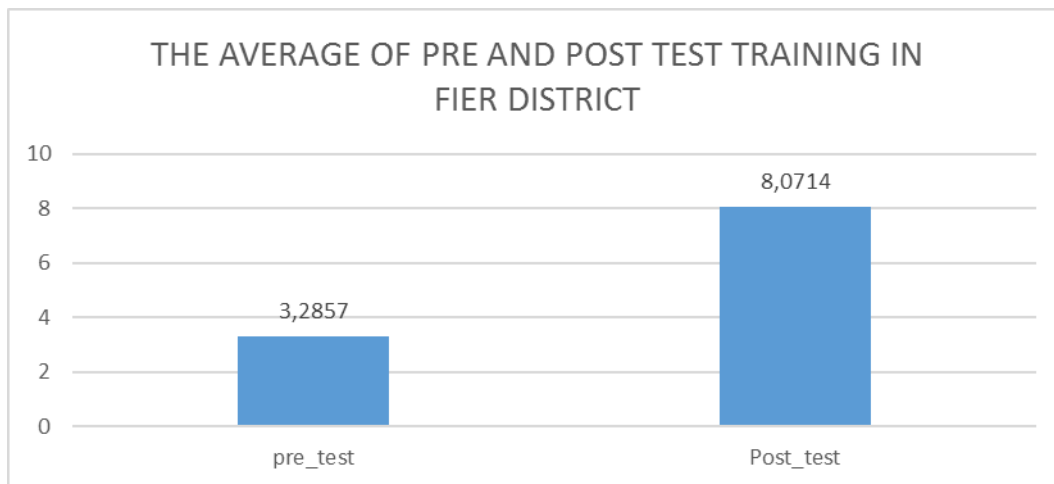
The list of participants

List of Participants					
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5	Dallandysh e	Caushaj	P.H.D Fier	069504463	dyshkacaushi@yahoo.com
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11	Edlira	Saraci	P.H.D Fier	0698684148	Saraci.edlira@yahoo.com
12	Albana	Aliaj	P.H.D Fier	0698684148	
13	Vasilika	Yzicaj	P.H.D Fier	0694610457	
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15	Gentian	Xhoxhi	P.H.D Lushnje	0684044943	gentianxhoxhi@hotmail.com
16	Shpetim	Gjoni	P.H.D Lushnje	0692277576	gjonishpetim@yahoo.com
17					
18					

The training was attended from specialist of Public Health Directories from all cities of the region and from specialist of regional food control agency .

Fier Descriptive Statistics				
	Minimum	Maximum	Mean	Std. Deviation
pre_test	0	6	3.2857	1.81568
Post_test	5	10	8.0714	1.54244

The large difference of points from pre to post test shows a great absorption of knowledge's.



Photos from the activity in Fieri Region





Training in Elbasan Region

The training in Elbasan region was on 04 January 2017

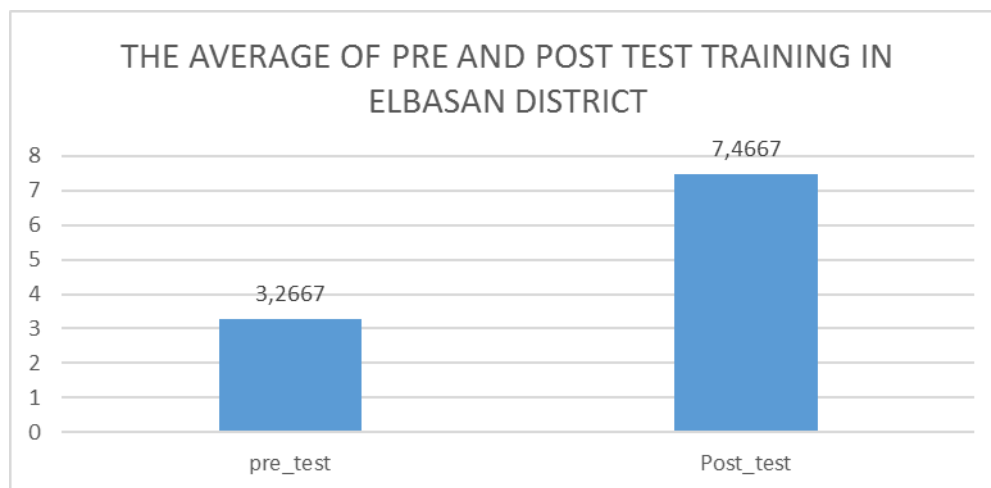
The list of participants in Elbasan

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4	Myslim	Fusha	P.H.D. Gramsh	06747909 06	fushalimi@gmail.com
5	Hyqme t	Ibrushi	P.H.D. Gramsh	06869526 03	hyqmetibrushi@gmail.com
6	Mimoz a	Buze	P.H.D. Elbasan	06960661 45	
7	Nikolin	Franko	P.H.D. Elbasan	06921720 53	Franko.nikolin@yahoo.com
8	Fadile	Horaj	P.H.D. Elbasan	06758292 96	
9	Hamid e	Lufta	P.H.D. Elbasan	06922149 74	
10	Luisjan a	Bardji	P.H.D. Elbasan	06926118 35	
11	Shpres a	Danga	P.H.D. Elbasan	06935111 66	shpresadanga@yahoo.com

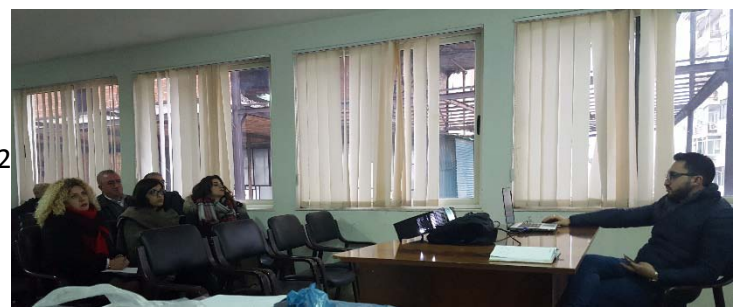
1				06720032	orionmyftari@gmail.co
2	Orion	Myftari	P.H.D. Elbasan	63	m
1	Edmond		Regional Environmental Directory	06725861	Xhufkaedmond@gmail.c
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6		Dulja		56	l
1					
7					
1					
8					

Training was attended by specialists of the regional public health directorates, regional environmental directorates and regional food agency. Participants from the city of Librazhd who were unable to come to training were contacted and provided with training materials.

Elbasan Descriptive Statistics				
	Minimum	Maximum	Mean	Std. Deviation
pre_test	1	7	3.2667	1.83095
Post_test	5	10	7.4667	1.68466



Photos from the activity in Elbasan Region





Training in Durres Region

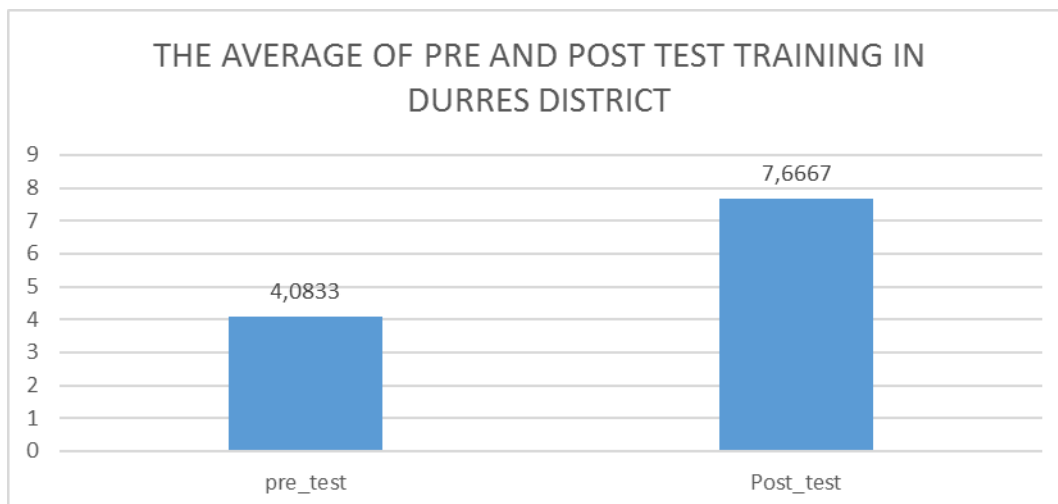
Training in Durres region was on 09. January 2017

List of participants

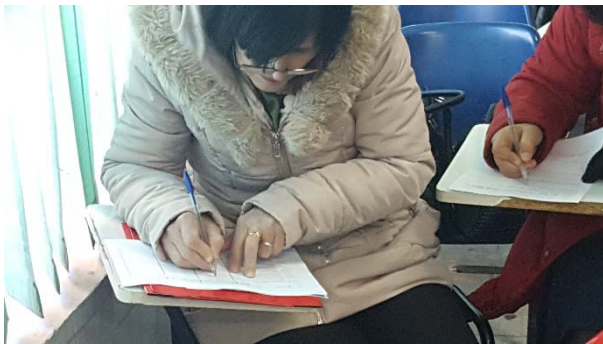
List of Participants					
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5	Manjola	Kuci	P.H.D Durres	069643805 2	
6	Argida	Malo	P.H.D Durres	069370471 1	
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16					
17					

Durres Descriptive Statistics				
	Minimum	Maximum	Mean	Std. Deviation
pre_test	1	7	4.0833	2.19331
Post_test	5	10	7.6667	1.66969



Photos from the activity in Durres Region



Training in Berat Region

Training in Berat region was on 12 January 2017

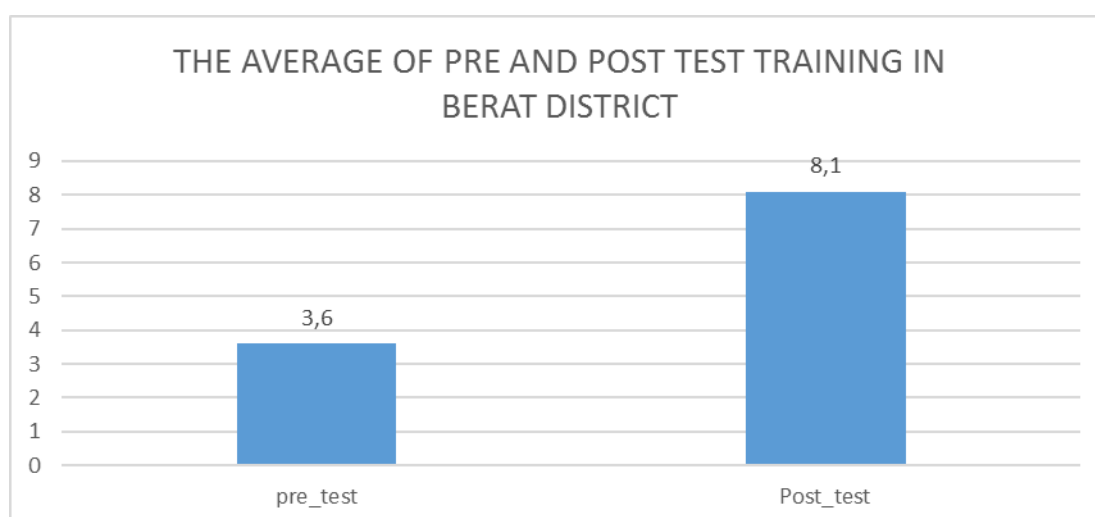
List of participants

List of participants					
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7	Haxhi	Xhafa	P.H.D Kucove	0682701390	
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13					
14					

Even though training day in Berat temperatures were very low and the roads were covered with ice, the participants were present from all the cities of the district. The participants who had no opportunity to be present we have sent training materials.

Berat Descriptive Statistics				
	Minimum	Maximum	Mean	Std. Deviation
pre_test	2	6	3.6	1.42984
Post_test	5	10	8.1	1.37032



Photos from the activity in Berat Region



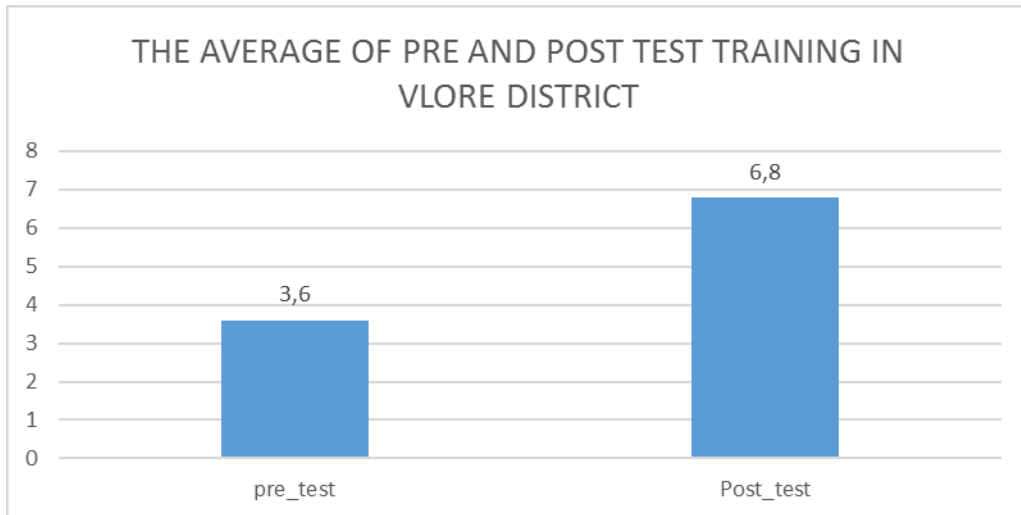
Training in Vlora Region

The training in Vlora was on 16 January 2017

List of Participants

List of participants					
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17					
18					

	Vlore Descriptive Statistics			
	Minimum	Maximum	Mean	Std. Deviation
pre_test	2	6	3.6	1.50238
Post_test	4	10	6.8	1.89737



Photos from the activity in Vlora Region



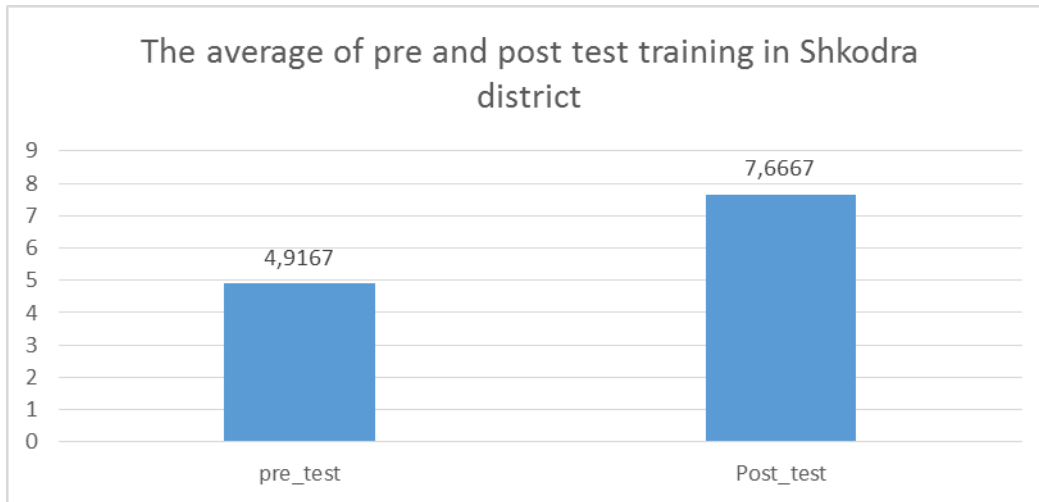
Training in Shkodra Region

The training in Shkodra region was on 19 January 2017

List of Participants

List of participants					
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10	Lindita	Kuci	P.H.D Shkoder	0673418660	Lindita.kuci@yahoo.com
11	Agime	Xhohysa	P.H.D Shkoder	0674938011	gimexhohysa@yahoo.com
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15					

	Shkoder Descriptive Statistics			
	Minimum	Maximum	Mean	Std. Deviation
pre_test	1	9	4.9167	2.50303
Post_test	6	10	7.6667	1.37069



Photos from the activity in Shkodra Region



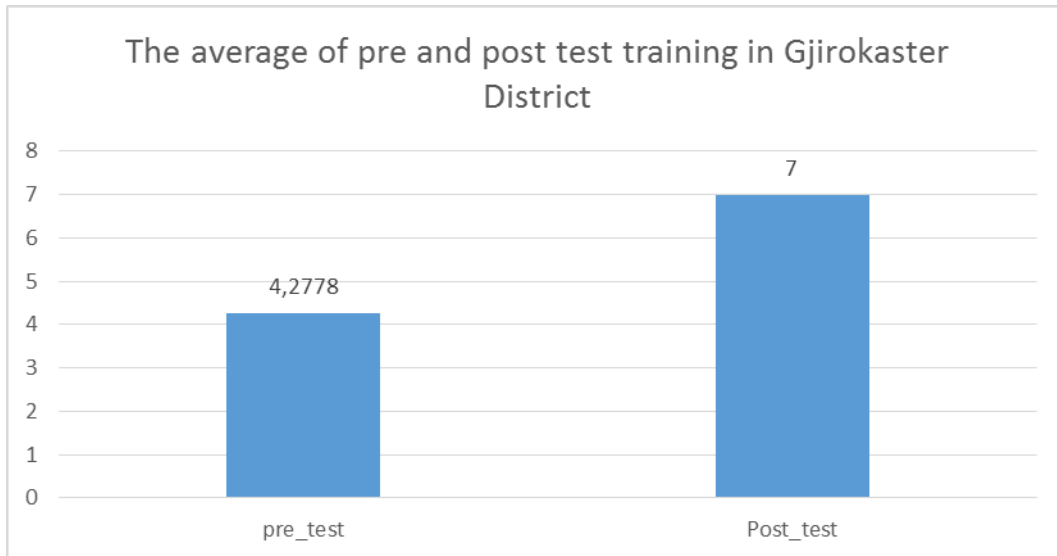
Training in Gjirokaster Region

The training in Gjirokaster region was on 23 January 2017

List of participants

List of participants					
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13	Valentina	Banushi	P.H.D Gjirokaster	0682612578	v.banushi@yahoo.com
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20	Dhimitraq	Panajoti	Regional Food Control agency	0693340085	
21					

Gjirokaster Descriptive Statistics				
	Minimum	Maximum	Mean	Std. Deviation
pre_test	2	7	4.2778	1.56452
Post_test	4	10	7	1.8471



Photos from the activity in Gjirokaster Region



Training in Korca Region

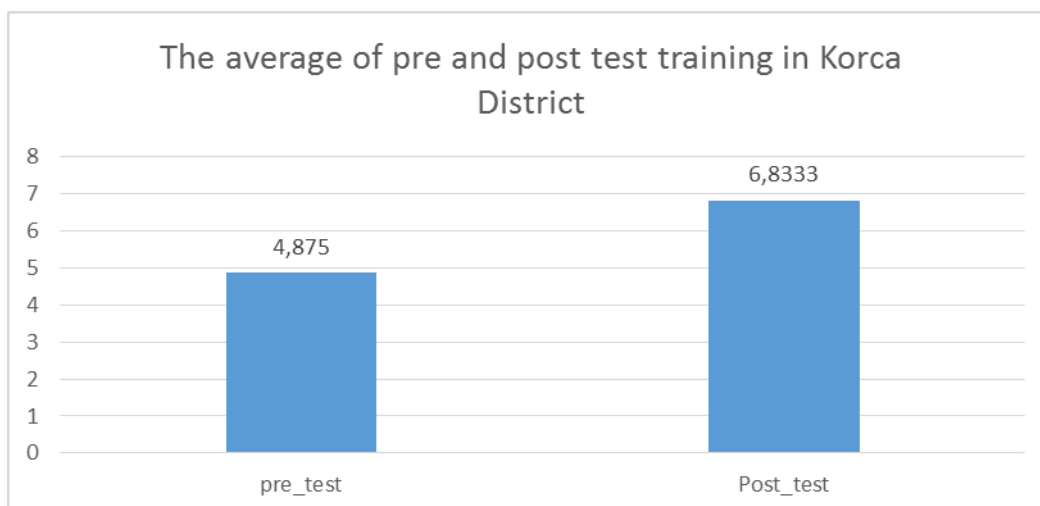
Training in Korca region was on 26 January 2017

List of Participants

List of participants					
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5	Clirim	Agolli	Regional Food Control agency	0674307150	
6	Vigert	Cami	Regional Food Control agency	0692767344	vigertal@yahoo.com
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2	7				
2	8				

Korce Descriptive Statistics				
	Minimum	Maximum	Mean	Std. Deviation
pre_test	1	9	4.875	1.9407
Post_test	5	9	6.8333	1.23945



Photos from the activity in Korca Region



Training in Tirana Region

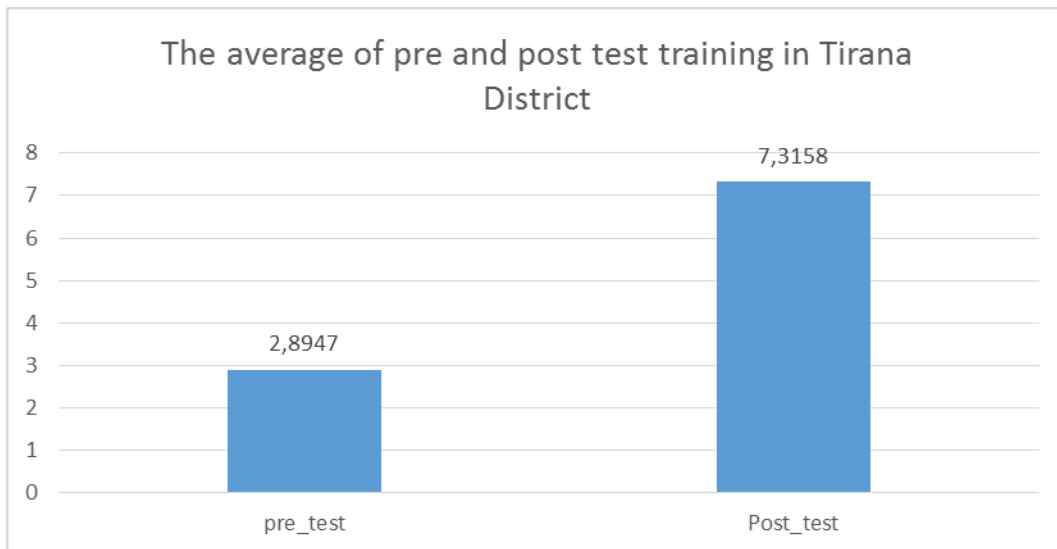
Training in Tirana region was on 02 February 2017

List of Participants

List of participants					
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22	Enriketa	Cela	P. H.D Tirane	0684076860	keticela@gmail.com

	Tirane Descriptive Statistics			
	Minimum	Maximum	Mean	Std. Deviation
pre_test	1	6	2.8947	1.44894
Post_test	4	10	7.3158	1.70139



Photos from the activity in Tirana Region



Total training evaluation

In training on basic environmental health indicators attended by 196 specialists throughout Albania.

These training activities were held in 12 districts.

The following table shows the average of the points that participants have taken the test before and after training.

	Total Descriptive Statistics			
	Minimum	Maximum	Mean	Std. Deviation
pre_test	0	9	3.8538	1.83647
Post_test	4	10	7.3977	1.64667

The significant change between pre and post test shown the high profit on knowledge's from these activities.

